

# Confirmation Sponsors

*Confirmation Sponsors* must be fully initiated members of the Catholic Church, who themselves have been baptized, confirmed and have received their First Holy Communion, and who believe and practice the Catholic Faith. If married, they must be in a marriage recognized by the Church.

*The Sponsor* should help the candidate for Confirmation be a courageous witness to the Way of Life revealed to us by Jesus Christ and his Church, and encourage the candidate to make a good Confession prior to Confirmation. If the candidate is a non-Catholic preparing to be received into the Church, the Sponsor should help him or her prepare for First Confession and First Holy Communion. After Confirmation, the Sponsor helps the fully initiated Christian to persevere in faith, grow in the holiness, and cooperate with grace of the Holy Spirit.

*The Sponsor* becomes a spiritual member to the newly confirmed person's family. Good example — being a living witness to the Catholic Faith — is the most important duty of a Sponsor. In this way, the Sponsor serves as an example and guide in the confirmed person's vocation to spread the Gospel.

## *Requirements to be a Confirmation Sponsor*

- Sixteen years of age (minimum).
- Mature enough for the responsibility.
- Example of Christian living.
- Received the Sacraments of Initiation: Baptism, Confirmation, Holy Communion.
- Regular practice of Catholic faith, including weekly Mass attendance.
- Married within the Church (if married).
- Cannot be the parent of the one to be confirmed.



*Certificate of Eligibility  
to be a Confirmation Sponsor*

*St. Agnes Catholic Church  
1910 N. Randolph St., Arlington, VA 22207  
703-524-1166, [www.saintagnes.org](http://www.saintagnes.org)*

**This is to certify that I,**

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
(First) (MI) (Last)

am a member of \_\_\_\_\_  
(parish name)

in \_\_\_\_\_, \_\_\_\_\_,  
(city) (state)

and that I have read this form, and I meet all of the Requirements to be a Confirmation Sponsor, as listed on this certificate.

I accept the invitation to be a Sponsor for (name of person to be confirmed)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
(First) (MI) (Last)

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Priest/Deacon Certification**

I certify that, to the best of my knowledge, the above-named sponsor is a member of the aforesaid parish, is in good standing with the Church, and fulfills the requirements to be a Confirmation Sponsor, in the ways mentioned on this certificate.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_

Parish Seal must be present

