

Sacramental Sponsor

for an adult who will be received into the Catholic Church

Sponsors for Baptism and Confirmation must be fully initiated members of the Catholic Church, who themselves have been baptized, confirmed and have received their First Holy Communion, and who believe and practice the Catholic Faith. If married, they must be in a marriage recognized by the Church.

The Sponsor prays for the person who is to be baptized and confirmed, discusses the Catholic Faith with them, answers questions that they may have about the Catholic Faith, and helps the candidate to prepare for First Confession or Holy Communion. The Sponsor may want to read the Gospel, or read parts of the Catechism of the Catholic Church that pertain to the candidate's questions. Once the candidate has received the Sacraments of Initiation, and is fully a member of the Church, the Sponsor encourages the newly initiated Catholic to attend Mass regularly, frequent the Sacrament of Reconciliation, pray daily and continue to read and learn more about the Faith.

The Sponsor becomes a spiritual member to the newly confirmed person's family. Good example — being a living witness to the Catholic Faith — is the most important duty of a Sponsor. In this way, the Sponsor serves as an example and guide in the confirmed person's vocation to spread the Gospel.

Requirements to be a Sponsor

- Sixteen years of age (minimum).
- Mature enough for the responsibility.
- Example of Christian living.
- Received the Sacraments of Initiation: Baptism, Confirmation, Holy Communion.
- Regular practice of Catholic faith, including weekly Mass attendance.
- Married within the Church (if married).
- Cannot be a parent.



*Certificate of Eligibility
to be a Sacramental Sponsor*

St. Agnes Catholic Church, 1910 N. Randolph St., Arlington, VA 22207

703-524-1166, www.saintagnes.org

This is to certify that I,

_____/_____/_____
(First) (MI) (Last)

am a member of _____ parish
(name of parish)

in _____,
(city and state)

have the read this form, and that I all meet the Requirements to be a Baptism or Confirmation Sponsor, as listed on this certificate.

I accept the invitation to be a Sponsor for (name of person to be confirmed)

_____/_____/_____
(First) (MI) (Last)

Signature _____ Date _____

Priest/Deacon Certification

I certify that, to the best of my knowledge, the above-named person is a member of the aforesaid parish, is in good standing with the Church, and fulfills the requirements to be a Confirmation Sponsor, in the ways mentioned on this certificate.

Signature _____ Date _____

Printed Name _____

Parish seal must be present

