

Saint Agnes Catholic Church

July 5th, 2026 | Fourteenth Sunday in Ordinary Time



From the Gospel of Matthew

“Come to Me, all you who labor and are burdened, and I will give you rest. Take My yoke upon you and learn from Me, for I am meek and humble of heart; and you will find rest for yourselves. For My yoke is easy, and My burden light.”

Mt 11:25-30

This Week's Mass Intentions

Sunday, July 5

- 7:30 a.m. † Rosemari C. Dias
(*Salma Villagomez*)
- 9:00 a.m. † Susan Griffith
(*Alan & Anne Jones*)
- 11:00 a.m. All Living and Deceased Parishioners
- 5:00 p.m. † Jimmy Carter
(*Ebru Ellis*)

Monday, July 6

- 6:30 a.m. † Philip Clutterbuck
(*The Allen Family*)
- 9:00 a.m. † Arsenia Pinon
(*The St. Agnes Family*)

Tuesday, July 7

- 6:30 a.m. Linda Laudiero
(*Anna Laudiero*)
- 9:00 a.m. † John Tuohy
(*Mary Tuohy*)

Wednesday, July 8

- 6:30 a.m. Jack Cunningham
(*Charlie Musto*)
- 9:00 a.m. † Phillip Feliciano
(*Molly Feliciano*)

Thursday, July 9

- 6:30 a.m. † Dr. Paul Dugan
(*The Saunders Family*)
- 9:00 a.m. † Regina Verdejo
(*St. Agnes Parish Office Staff*)

Friday, July 10

- 6:30 a.m. † Vincent "Vinnie" Ackerman
(*William & Frances Garvert*)
- 9:00 a.m. Elenor Kelly
(*Michelle Kelly*)

Saturday, July 11

- 7:30 a.m. † John M. Shaeffer
(*Elizabeth Shaeffer*)
- 9:00 a.m. † Michel Gémond
(*Lilian Gémond*)

Vigil

- 5:00 p.m. † Pauline Saunders
(*Saint Agnes Parish*)

Sunday, July 12

- 7:30 a.m. † Carol Moff
(*Ana Lisa Pinon*)
- 9:00 a.m. † Nathan Offield
(*The Whelan Family*)
- 11:00 a.m. All Living and Deceased Parishioners
- 5:00 p.m. † Arsenia Pinon
(*Joan Biehler*)

† indicates person is deceased

Scripture Readings

Week of July 5th, 2026

- Sunday** **Fourteenth Sunday in Ordinary Time**
Zech 9:9-10; Ps 145:1-2, 8-9, 10-11, 13-14; Rom 8:9, 11-13; Mt 11:25-30
- Monday** **Memorial of Saint Maria Goretti, Virgin and Martyr**
Hos 2:16, 17c-18, 21-22; Ps 145:2-3, 4-5, 6-7, 8-9; Mt 9:18-26
- Tuesday** Hos 8:4-7, 11-13; Ps 115:3-4, 5-6, 7ab-8, 9-10; Mt 9:32-38
- Wednesday** Hos 10:1-3, 7-8, 12; Ps 105:2-3, 4-5, 6-7; Mt 10:1-7
- Thursday** **Memorial of Saint Augustine Zhao Rong, Priest, and Companions, Martyrs**
Hos 11:1-4, 8e-9; Ps 80:2ac, 3b, 15-16; Mt 10:7-15
- Friday** Hos 14:2-10; Ps 51:3-4, 8-9, 12-13, 14, 17; Mt 10:16-23
- Saturday** **Memorial of Saint Benedict, Abbot**
Is 6:1-8; Ps 93:1ab, 1cd-2, 5; Mt 10:24-33
- Sunday** **Fifteenth Sunday in Ordinary Time**
Is 55:10-11; Ps 65:10, 11, 12-13, 14; Rom 8:18-23; Mt 13:1-23 or Mt 13:1-9

Keep Them in Your Prayers

For those who are sick in our midst:

Walter Quinn, William Thomas, Carol Naill, Marlise Yetter, Paz Speer, Jake Williams, Mary Pace, Jodi Borisinco, David Lounsbury, Caio Rabello, Judy Bosco, Carlos Porras, Patricio Martinez, Seamus Hasson, Audrey Gawda, Alzira Medeiros, Susan Donahue, Joseph Elegido, Marjorie Meyers, William James Hall, Warren Duerbeck, Ava Gloria Laranjeira Wescher, Larry Mead, Brick Quinn, Theresa Van Der Vlugt, Artemia Ayvar, Wade Hoherz, Audrey Thompson, Cynthia Romeo, Robert Dolbeare, Olivia Glendale Green, Angela Vindel, Jacqueline Blandino, Residents of Cherrydale Health and Rehabilitation

The repose of the souls who have recently passed:

Eileen Kelly, Deacon Joseph Peter Walsh, Thomas Macmanus



Adoration Schedule

Monday, Tuesday, Thursday: 10am to 9pm; Wednesday in the Church 9:30am to 8:30pm; Friday 10am through Sunday 9pm.

Please commit for a weekly hour! Please contact Vincent Buono at adoration@saintagnes.org.



Saint Agnes Essentials

Sunday Mass

Saturday: 5:00 p.m. (Vigil)

Sunday: 7:30 a.m., 9:00 a.m., 11:00 a.m., 5:00 p.m.

Weekday Mass

Monday – Friday: 6:30 a.m., 9:00 a.m.

Saturday: 7:30 a.m., 9:00 a.m.

Holy Day – Additional Masses at Noon
and 7:00 p.m.



Sacramental Emergency:

Please call (703) 525-1166 Ext 1.

Infant/Child Baptism:

Baptisms are celebrated on Sundays after the 11:00 a.m. Mass. Please contact officeadmin@saintagnes.org to learn more about having your child baptized.

Marriage Preparation:

Call the Parish Office for Pre-Cana at least seven (7) months prior to your wedding.

Anointing of the Sick:

Call the Parish Office to request Anointing of the Sick. Anyone with a serious illness should request this sacrament before being admitted to the hospital.

Homebound Visitation:

Call the Parish Office to request visitation.

How to become Catholic:

Interested in joining the Catholic Church or want to learn more? Contact ocia@saintagnes.org.

Holy Orders and Consecrated Life:

Is the Lord calling you? For information about priesthood, the permanent diaconate, or the consecrated life, contact one of the priests or the Diocesan Vocations Office at (703) 841-2514.

Registration/Change of Address:

Forms can be found in the parish office or you can register online on our website. Let the parish office know about any address changes.

Sacramental Records or Sponsor Forms:

Please contact officeadmin@saintagnes.org to request copies of your Sacramental records or for Godparent or Confirmation sponsor forms. Please allow five (5) business days to accommodate your requests.

Mass Intentions:

Please visit the Parish Office to request Mass intentions. We are currently scheduling into the month of August 2026.

Sacrament of Penance

Wednesday during Holy Hour 7:30 p.m. – 8:15 p.m.

Saturday 8:00 a.m. – 9:00 a.m., 3:00 – 4:00 p.m.
and by appointment

Parish Clergy

Pastor • Rev. Msgr. William Saunders

Parochial Vicar • Rev. Michael Folmar

Parochial Vicar • Rev. Richard Malebranche

In residence • Rev. Steven Oetjen

Parish Office

1914 N. Randolph Street

Arlington, VA 22207-3046

Phone: (703) 525-1166 • Fax: (703) 243-2840

www.saintagnes.org

Office Hours • Monday - Friday • 9:30 a.m. – 4:00 p.m.

Business Manager • Vitoria Vargas

business@saintagnes.org

Office Manager • Armelle Tallec

parishoffice@saintagnes.org

Administrative Assistant • Marijo Galvin

officeadmin@saintagnes.org

Operations and Facilities Manager • Brian Sherry

facilities@saintagnes.org

Maintenance Technician • John Dolata

maintenance@saintagnes.org

Director of Faith Formation • Lisa Orosa

dff@saintagnes.org

Director of Music • Don Cotton

musicdirector@saintagnes.org

Coordinator of the Protection of Children • Jennifer Carpenter

protect@saintagnes.org

Youth and Young Adults • Rev. Richard Malebranche

youth.ministry@saintagnes.org

OCIA • Rev. Msgr. William Saunders

ocia@saintagnes.org

Adoration Chapel Volunteer • Vincent Buono

adoration@saintagnes.org

Saint Agnes School

2024 N. Randolph Street • Arlington, VA 22207-3031

Phone: 703-527-5423 • Fax 703-525-4689

<https://school.saintagnes.org/>

Principal • Jennifer Kuzdzal jkuzdzal@saintagnes.org

Assistant Principal • Ann Reid areid@saintagnes.org

The Adoration Chapel reopens
Sunday July 5th at 1:00 p.m.

Also, the Office will be closed tomorrow
Monday, July 6th. We will reopen on
Tuesday, July 7th at 9:30 a.m.

Msgr. Saunders' Bible Study

Monsignor Saunders' Bible Study is on summer break and will restart in September.

adultformation@saintagnes.org



Wednesday Holy Hour in July



During July, the month of the Precious Blood, please join us for our Wednesday 7:30 pm Parish Holy Hour with prayers invoking the Precious Blood of Jesus to cover us, our families, our country, our parish and school, as we ask Jesus to protect us from all harm.

Enroll in the Brown Scapular!



Sponsored by the Saint Agnes
Legion of Mary
Following All Masses
11-12 July 2026



The Brown Scapular is a Sacramental given to Saint Simon Stock, a Carmelite Monk, by Our Lady of Mount Carmel on July 16, 1251. Our Blessed Mother promised the following to those who faithfully wears the Brown Scapular and lives a life of devotion to her:

Save those who wear the brown scapular from hell
Protect them from trials and temptations of the devil
Shorten their stay in purgatory

Interested in learning about the Legion of Mary?
Contact us at legionofmarysaintagnes@gmail.com

Ministries & Groups at Saint Agnes

Adult Faith Formation

- Bible Study—adultformation@saintagnes.org
- OCIA—ocia@saintagnes.org
- Spanish Bible Study—gvegge@aol.com
- Women's Bible Study—stagneswvp@gmail.com
- Young Adults' Bible Study—
adultformation@saintagnes.org

Parish Service

- Arts & Crafts Guild—gveggejr@gmail.com
- Bethany Ministry—bethanyministry@saintagnes.org
- Cherrydale Rehab Prayer Group—biehlerj@aol.com
- Christ House Team—ssyenson@gmail.com
- Gabriel Project—gabrielproject@saintagnes.org
- Gardening Angels—jshirhall@gmail.com
- Homebound Parishioners Visits—
homebound@saintagnes.org
- Legion of Mary—LegionofMarySaintAgnes@gmail.com
- Respect Life—saintagnesrespectlife@gmail.com
- Saint Agnes Knights of Columbus Council—
kofc.st.agnes.council.18572@gmail.com
- Saint Agnes Seniors Group—tpharlow18@gmail.com
- St. Joseph's League—
StJosephLeague.StAgnes@gmail.com
- St. Raphael Prayer Group—moshimoshigcs@gmail.com
- The Borgo Gift Store—theborgo@saintagnes.org
- Young Adults—youngadults@saintagnes.org

Liturgy

- Extraordinary Ministers of Holy Communion—
dkcwhelan@gmail.com
- Flower Guild—dfowen@aol.com
- Lectors—lectors@saintagnes.org
- Parish Choir—musicdirector@saintagnes.org
- Sacristans—ruthefoster@earthlink.net
- Ushers—jholl2473@aol.com

Youth Activities

- Challenge Club—kfoley2@pefoley.com
- Conquest Club—kfoley2@pefoley.com
- Cub Scouts / Boy Scouts—sconroy68@gmail.com
- CYO Sports—treebdonohue@yahoo.com
- Girl Scouts—pamelasnichols@gmail.com
- Youth Group—youth.ministry@saintagnes.org

Join us on Facebook!

Like us on Facebook


<https://www.facebook.com/stagneschurcharlington>.

Join us on Instagram!

You can find our page by searching @saint_agnes_va on the Instagram app.

Free FORMED Subscription

Check out [FORMED.org](https://www.formed.org)! A subscription includes videos, Bible Studies, books, etc.! Sign up by selecting St. Agnes Church using our zip code (22207).




Summer YG 2026

GRADUATING SENIORS THROUGH RISING FRESHMEN

JUNE 30	SUMMER YG
JULY 7	YG @ Nationals (\$)
JULY 14	SUMMER YG
JULY 21	SUMMER YG
JULY 29	Kings Dominion Day (\$\$)
AUG. 4	End of Summer Cookout

SUMMER YG: 7 PM UNTIL SUNSET
 SPECIFIC EVENT DETAILS WILL BE COMMUNICATED BY FLOCKNOTE.
 PERMISSION SLIP REQUIRED TO PARTICIPATE.

@stagnesyouth
 tinyurl.com/STAGYG-Home



sign up for updates on our website

What does it mean to be an “active Catholic”?

An active Catholic is a person who cherishes the faith received at Holy Baptism, nourished through the Holy Eucharist, healed through the Sacrament of Penance, and strengthened through the Sacrament of Confirmation. An active Catholic embraces the teachings of the Catholic Church contained in the Word of God and in Sacred Tradition, and strives to live them.

An active Catholic is registered in the parish, supports the mission of the Church with time, talent, and treasure, whether by worshipping at Holy Mass each Sunday and Holy Days of Obligation (except for illness or emergency), volunteering to serve the parish community in various ways, and supporting the parish financially, using Faith Direct or offertory envelopes. Active Catholic spouses and parents seek to help their loved ones know Jesus through prayer, Holy Mass, regular Penance, religious education, and charitable works.

Why is this important? Anyone who seeks to be a godparent or sponsor for the Sacraments of Baptism or Confirmation, or enter the Sacrament of Holy Matrimony, or receive a Catholic Tuition Rate at School must first be verified as an active Catholic and parishioner.

Titles of Mary

Our Lady of Refuge | July 5th

In 1843, Nuestra Señora del Refugio was proclaimed patroness of “both Californias” by Bishop Garcia Diego. The proclamation reads, in part, *“If through the centuries this most worthy Mother of God has shown goodness and compassion to all peoples and nations . . . will she not do likewise for those peoples who bind themselves to her as their refuge and special patroness?”*

Christ House Ministry in Urgent need of Volunteer Meal Organizers

St. Agnes crew serves a hot meal at Christ House in Alexandria, on the first Tuesday of every month. Volunteers choose which months they are available. We prepare the dinner for Take Out. Hours are 3 p.m. to 5:45 p.m. The Role of Organizer (aka The Chef) creates a simple meal plan, shops & cooks. The Role of Assistant is to help as directed by The Chef, organize and bag all the “To Go” items. Come, have a training session, see us in action before you commit. We need help year round in performing this corporal work of mercy, feeding the hungry. Interested? Please Contact: Sally Yenson at ssyenson@gmail.com or 703 527 2794.

Respect Life Ministry Needs Volunteers

Please offer your helping hands and email saintagnesrespectlife@gmail.com.

MaRiH Center

The MaRiH Center is a crisis-pregnancy in Alexandria that has been serving, loving, and walking with mothers in need for over 50 years. We are seeking volunteers who want to partner in our mission to provide confidential life-saving help to moms and their babies. If you feel called to volunteer, please call 703-370-4774 or visit our website at marih.org.



THE BORGO

JULY IS DEDICATED TO THE
 PRECIOUS BLOOD OF CHRIST



*The Borgo will open on July 12th.
 We look forward to seeing you again!*



Catacombs Cafe

open FRIDAYS
after the 6:30 am Mass

serving coffee, espresso drinks and light treats

Want to have the Café open for your meeting?
Email: bethanyministry@saintagnes.org

Mornings of Mercy for Divorced Catholics



Divorced Catholics in the Diocese of Arlington are invited to join us at one of our Mornings of Mercy this year. Our Mornings of Mercy are times of prayer, adoration and fellowship with divorced Catholics from around the

Diocese on the following dates and locations:

- ❖ August 8 at St. Timothy, Chantilly
- ❖ November 14 at St. Veronica, Chantilly

For more information and to RSVP for these free events, please go to arlingtondiocese.org/event/morningsofmercy.



To protect human life & the truth about marriage

CATHOLICS

VOTE NO

on the

"Virginia Right to Reproductive Freedom Amendment" and
"Virginia Remove Constitutional Same-Sex Marriage Ban Amendment"

Pledge to Vote: CatholicsVoteNo.com

 CATHOLIC DIOCESE OF ARLINGTON

Early Voting begins September 18
Election Day November 3



"Come to me, all you who labor and are burdened, and I will give you rest." (Matthew 11:28)

Christ invites each of us to lay down our burdens and find true peace in Him. In every vocation, priesthood, consecrated life, or holy matrimony, we are called to follow Him with trust, allowing His grace to strengthen us and renew our hearts. Take a moment today to listen to His call and rest in His loving presence. If you feel a stirring desire to follow God's path, talk to your priest or reach out to the Vocation Office at (703) 841-2514 or via email: vocations@arlingtondiocese.org.

Christ House Desserts

Hand held desserts, bars/brownies/cookies, etc., are needed for our Christ House meals, First Tuesday of the month, May-September. For details and to sign up visit https://www.signupgenius.com/go/60B044FACAC28A20-63773311-christ#.

Your sweet treats are so appreciated by our guests and also by the Saint Agnes Christ House team.

'Gardening Angels' Needed

Join fellow parishioners in helping to maintain the churchyard gardens. No special training needed, just a willingness to join and learn as you work. Timing can be arranged. If you have any questions, please call Jean Shirhall at 703-528-2617.



 ALL COLLEGE STUDENTS ARE WELCOME TO...

THURSDAY NIGHT GATHERINGS

HOSTED BY CATHOLIC PATRIOTS!

FOOD, FUN, AND FELLOWSHIP!

THURSDAYS 7-9PM
JUNE - JULY

GMUCCM.ORG
ST. ROBERT BELLARMINI CHAPEL
4515 ROBERTS RD
FAIRFAX, VA 22032
[@CATHOLIC.PATRIOT](https://www.instagram.com/CATHOLIC.PATRIOT)

TREASURES FROM OUR TRADITION

With the Reformation, some early Protestants, including the “Anabaptists,” rejected infant baptism in favor of “believer’s baptism.” Against Orthodox and Catholic practice, which favored baptism as soon as possible for a newborn, these movements desired that the candidate for baptism speak for him- or herself at a mature age, not through godparents as an infant. Today, it is clear that they were rejecting a very ancient practice (even as early as the second century) of baptizing children of all ages. Children came first in ancient baptismal ceremonies, and someone would speak for them. Gregory of Nazianzen wanted to delay the baptism of children to three years of age, since at that age they could retain at least some impression of the liturgy. He made an exception for the very ill, who were to be baptized ahead of the annual Easter baptism. That means that infants and children were normally baptized together with adults, and that everyone received confirmation and the Eucharist. The tone of the early bishops’ writings is generous and compassionate, and seeks to build up the eucharistic assembly by widely celebrating the gift of the Holy Spirit. If a priest celebrated baptism, then the gift of the Spirit was postponed for the bishop, but with no regard for the person’s age. So, until the fifth century, confirmation was for infants, too.

—Rev. James Field

Private Mass Intentions

We are accepting Unannounced Intentions which are not said at a public Mass. These intentions will be offered privately and published as a list in the bulletin periodically as “Fulfilled Unannounced Masses.”

The Diocese has purchased memberships to Franciscan at Home for every parish in the diocese!

1. Visit <https://franciscanathome.com/free-institution-signup> by clicking on the link, copying and pasting, or typing it into your web browser.
2. Enter your information into the required fields and select the green “Create new account” button at the bottom of the page (all fields with an * are required).
3. Next, select Arlington Diocese and Saint Agnes from the available drop-down list.
4. Click select the “Sign up.” This will take you to your dashboard, where you can begin exploring all that FranciscanAtHome.com has to offer.
5. We recommend: a. That you locate the track(s) the Arlington Diocese has created for you (located as institutional tracks on the left side of the “Start Learning” section on your dashboard), if any. b. Explore the other workshops that are available to you.



Operation Resiliency is now offering Catholic-based mental health, counseling, and wellness services through secure telehealth appointments throughout Virginia. Our team provides therapy, psychiatric medication management, primary care, and wellness services while respecting the dignity of every person and the values of the Catholic faith. We strive to provide compassionate, evidence-based care that supports the whole person: mind, body, and spirit. Services are available for adults, couples, families, veterans, first responders, and professionals seeking support for anxiety, depression, stress, relationship challenges, life transitions, and personal growth. Appointments are available from the convenience of your home. To learn more or schedule an appointment, visit: www.operationresiliency.com

Fulfilled Unannounced Masses

Liliana Ramirez
(Iveth Ramirez)

Rev. Dort Bigg
(Marianne Fogelson)

† Hristo Mladenov
(Michael Burlas & Silvia Ivanova)

† Mihail Mladenov
(Michael Burlas & Silvia Ivanova)

† Paul Hill, Jr.
(Michael Burlas & Silvia Ivanova)

† Petrana Mladenova
(Michael Burlas & Silvia Ivanova)

† indicates person is deceased

Stay Connected Through Giving This Summer

Summer often brings travel, family time, and changing routines, but the mission of our parish continues every day. As schedules shift, it is a meaningful time to stay connected through faithful stewardship and continued support of the ministries and services that strengthen our community.

eGiving is a simple, secure way to give online, making it easy to support our parish all year long. Please consider eGiving to help sustain ministries, programs, and services that serve our parish community and those in need throughout the summer season.

It's easy to get started. Here are the ways to sign up:

- Visit our parish website
- Scan the QR code
- Text “Give” to 571-497-4771

Thank you and may God bless your generosity.

If you need assistance, you can contact Donor Support at 866-930-4774 or email donorsupport@parishsoft.com.



ParishSOFT
by Ministry Brands®

PERSONAL RETREAT DAY

A SUMMER DAY for Your Soul

STEP AWAY. REST. BE RENEWED.

Give yourself the gift of a peaceful day to be with God and let Him refresh your soul.

FRIDAY, JULY 17
9:00 AM – 4:00 PM
OUR LADY OF BETHESDA
RETREAT CENTER


 MASS & CONFESSION	 EUCCHARISTIC ADORATION	 TIME FOR SILENCE & PRAYER	 OPTIONAL SPIRITUAL DIRECTION	 LUNCH & SNACKS PROVIDED
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SCAN HERE TO LEARN MORE & REGISTER





"Come away by yourselves to a deserted place and rest awhile."
— MARK 6:31

WE LOVE HAVING YOU AS
a part of
our Flock!



Keep in touch with us via
email and text!

**TEXT
STAGNESVA
TO 84576**

OR CONNECT WITH US ONLINE AT:
stagnesarlington.flocknote.com

Text STOP to 84576 to stop txt notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. View full privacy policy & terms at flocknote.com/txt.



19th Annual Pops Camp For rising 5th-9th graders

Monday – Thursday, August 3-6, 2026
Concert and Potluck on Thursday, August 6, 2–4 p.m.

For rising 5th - 9th strings and music students with at least one year of instruction

- Camp is from 8:30 a.m. – 3 p.m.
- The daily itinerary includes full-group and sectional rehearsals, a lunch break, a secondary-instrument elective, a snack, and a musical-enrichment elective.

Cost: \$180 until 5/31/26
\$200 starting 6/1/26

Sibling Discount: \$140 until 5/31/26
\$160 starting 6/1/26

Register using the QR code.

Contact Mrs. Jan Siegfried at jsiegfried@paulvi.net

St. Paul VI Catholic High School
42341 Braddock Rd, Chantilly, VA 20152




GRADUATING HIGH SCHOOL SENIORS
ARE INVITED TO...

COLLEGE NIGHTS

Kick off college with faith, friendships, and meaningful connections! Meet fellow Catholics from your college (and beyond) before the semester begins. All events begin at 7PM. Pizza dinner included!


- JUNE 30** Holy Spirit, Annandale
- JULY 9** St. Theresa, Ashburn
- JULY 14** Holy Trinity, Gainesville
- JULY 21** Basilica of St. Mary, Alexandria
- JULY 28** St. Mary of the Immaculate Conception, Fredericksburg

Recruit 5 friends and receive a \$50 gift card!



ASSOCIATES of
**SAINT JOHN
— BOSCO —**

To register for FREE, visit ASJB.org or scan the QR code:



Where is St. Agnes?



TRAVELING THIS SUMMER?

Cut out St. Agnes.

Go to Sunday Mass (masstimes.org).

Take a photo in Church with St. Agnes.

Send your pic to parishoffice@saintagnes.org

If your picture is featured in our bulletin, you can pick up a \$15 Cold Stone Creamery gift card at the Parish Office!

AGE 3+ July 5, 2026 • Zechariah 9:9-12

The Ruler Who Will Come

Zechariah was a prophet of the Lord. He said, "Rejoice greatly, O Daughter of Zion! See, your king comes to you!"

Find and count the objects in the picture.



How many? 3 or 4 ?

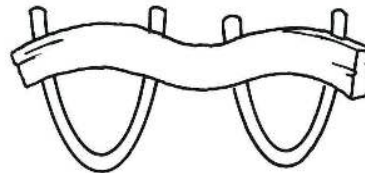


How many? 5 or 6 ?



AGE 7+ July 5, 2026 • Matthew 11:25-30

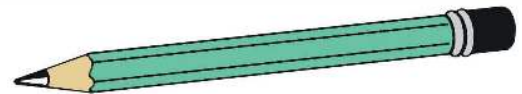
Yokes were worn by teams of animals that worked together. They shared the load.



Jesus said, "Take My yoke upon you and learn from Me."

—Matthew 11:29

Circle these words in the puzzle below: take, my, yoke, upon, you, and, learn, from, me. They may be found across, down, diagonally or backward.



L	R	M	Q	A	U	Y	A	N	D	Y
D	Z	Y	E	N	P	L	M	A	R	N
W	B	K	U	Y	O	K	E	K	Y	Q
C	A	D	H	A	N	K	J	P	O	S
T	B	A	D	L	R	Y	F	W	U	O
L	O	N	N	R	A	E	L	R	H	Z
A	U	F	U	H	J	P	O	K	O	W
Q	R	L	A	R	Q	M	W	Y	R	M

Saint Agnes Religious Education

Religious Education Registration for 2026-2027 will begin in July. Please go to the website for more information.



“Christ made my soul beautiful with the jewels of grace and virtue. I belong to Him Whom the angels serve.”

SAINT OF THE WEEK

July 11th

Saint Benedict | (480-547)

It may be difficult for us to relate to someone who preferred to live by himself in a cave contemplating the mysteries of God. But if we are honest with ourselves, some of our most profound moments may have been when alone in prayer. Born in central Italy, both Benedict and his sister Scholastica were drawn to religious life at a young age. He became a hermit for some time, but as others learned of his holiness, wisdom and ability to perform miracles, they began to follow him. He came up with the idea of having devout lay people and monks live together in a monastery to worship together in fraternity and unity. He began construction on Monte Cassino in Naples and started developing a rule of prayer, study, work and communal living under the guidance of an abbot. He introduced to his community the idea that manual labor was not the work of slaves, but dignified, honorable and conducive to sanctity. His monks fasted & abstained from meat, but severe & self-inflicting austerity was not encouraged. During the Middle Ages, all western monasticism was eventually brought under the Rule of St. Benedict, which influenced European education, art and literature. Today the Rule includes two branches: The Order of St. Benedict & the Order of Cistercians. Saint Benedict is the patron saint not only of Monastics, but also all of Europe, of schoolchildren, and those suffering from kidney disease or poisoning. Let us invoke the intercession of this incredible monk who enriched our world through his holy life, writings and prayer.

—Tami Urcia

Join Rev. Msgr. William Saunders, Delores Nelson, and Colette Lienhard for a two-day Pilgrimage to Historic Catholic Maryland and Virginia for an exciting, fun-filled, and historic adventure this summer (July 23-24, 2026).

Seating is limited. So Please Sign Up Early! For More Details and to register go to arlingtoncatecheticalsociety.org/pilgrimages.

Arlington Catechetical Society Pilgrimage July 23-24, 2026



A PILGRIMAGE OF HISTORY

This overnight excursion focuses on "Historical Catholic Maryland and Virginia," retracing the steps of early settlers and the origins of the Catholic faith in the English-speaking New World.

Thursday, July 23

- 8:00 Depart Corpus Christi, Aldie
- 9:00 Mass at St. Agnes, Arlington
- 9:45 Depart St. Agnes
- 11:30 Lunch at Captain Pat's
- 1:30 Saint Mary's Historic City, MD
Self-guided Tour
- 4:00 St. Clement's Island
- 4:45 St. Ignatius, Chapel Point, MD
- 6:00 Loyola Retreat House
Dinner, Social, Overnight

Friday, July 24

- 7:30 Mass
- 8:00 Breakfast
- 9:30 Depart (cross over Nice Bridge)
- 10:30 St. William of York
Talk, Tour of Church & Cemetery
- 12:00 Lunch at Gadsby's Tavern
- 1:30 St. Mary's, Alexandria
Tour of Church & Cemetery
- 3:00 Depart St. Mary's for St. Agnes
- 3:30 St. Agnes drop off
- 4:30 Corpus Christi drop off



Cost \$385/person
limited seating

www.arlingtoncatecheticalsociety.org

Saint Agnes Catholic School



St. Agnes School is a Catholic community centered on the teachings of Jesus Christ and strengthened by the partnership between parents, who are the primary educators of our students, and our dedicated teaching staff.

We believe in the mission to educate our students so that they become loving Christians, inspired learners, outstanding achievers, natural communicators, and strong servants of God.



“Mary means Star of the sea, for as mariners are guided to port by the ocean star, so Christians attain to glory through Mary’s maternal intercession.” ~ St. Thomas Aquinas

St. Agnes School honored Mary during the month of May with its annual May Crowning. Our 2nd and 8th grade students led the school in prayer and reflection at this wonderful devotion.

Mary, Queen of Heaven and Earth, Pray for us!

★

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