

# Saint Agnes Catholic Church

August 2nd, 2026 | Eighteenth Sunday in Ordinary Time



## *From the Gospel of Matthew*

“Taking the five loaves and the two fish, and looking up to heaven, He said the blessing, broke the loaves, and gave them to the disciples, who in turn gave them to the crowds.”

***Mt 14:13-21***



## This Week's Mass Intentions

### Sunday, August 2

- 7:30 a.m. † William Tiernan  
(*Joanne Savarese*)
- 9:00 a.m. † Jane Ann Coggins  
(*The Hall Family*)
- 11:00 a.m. All Living and Deceased Parishioners
- 5:00 p.m. Sophia Grado  
(*Isabella Grado*)

### Monday, August 3

- 6:30 a.m. † Olga Dugan  
(*The Saunders Family*)
- 9:00 a.m. Cromwell Enage  
(*Lisa Orosa*)

### Tuesday, August 4

- 6:30 a.m. † John T. Miller, Jr.  
(*Don & Sheila Dougherty*)
- 9:00 a.m. † James P. LaPietra  
(*The Rubio Family*)

### Wednesday, August 5

- 6:30 a.m. Onome Omabele  
(*Tara Telesha*)
- 9:00 a.m. Brandon Galvin  
(*Thom & Marijo Galvin*)

### Thursday, August 6

- 6:30 a.m. † Anna Maria Schneider  
(*Joanna Meador*)
- 9:00 a.m. † Kathleen Lolich  
(*Richard Lolich*)

### Friday, August 7

- 6:30 a.m. † Eleanor Nugent  
(*The Saunders Family*)
- 9:00 a.m. † Robert Fisselbrand  
(*Donna Owen*)
- 7:00 p.m. First Friday Latin Mass

### Saturday, August 8

- 7:30 a.m. † Ned Guinivan  
(*The Whelan Family*)
- 9:00 a.m. † Anebi Adoga, Sr.  
(*Anebi Adoga*)

#### Vigil

- 5:00 p.m. Caitlyn Asher  
(*Lisa Orosa*)

### Sunday, August 9

- 7:30 a.m. † Mr. & Mrs. Rajeratnam  
(*Gracelin Emmanuel*)
- 9:00 a.m. † Arsenia Pinon  
(*Ken & Thuy Sault*)
- 11:00 a.m. All Living and Deceased Parishioners
- 5:00 p.m. The Cave Family  
(*The Villapando Family*)

† indicates person is deceased

## Scripture Readings

### Week of August 2nd, 2026

- Sunday** **Eighteenth Sunday in Ordinary Time**  
Is 55:1-3; Ps 145:8-9, 15-16, 17-18; Rom 8:35, 37-39; Mt 14:13-21
- Monday** Jer 28:1-17; Ps 119:29, 43, 79, 80, 95, 102;  
Mt 14:22-36
- Tuesday** **Memorial of Saint John Vianney, Priest**  
Jer 30:1-2, 12-15, 18-22; Ps 102:16-18, 19-21, 29, 22-23; Mt 14:22-36 or Mt 15:1-2, 10-14
- Wednesday** **Memorial of the Dedication of the Basilica of Saint Mary Major**  
Jer 31:1-7; Jer 31:10, 11-12ab, 13; Mt 15:21-28
- Thursday** **Feast of the Transfiguration of the Lord**  
Dn 7:9-10, 13-14; Ps 97:1-2, 5-6, 9; 2 Pt 1:16-19;  
Mt 17:1-9
- Friday** **Memorial of Saints Sixtus II, Pope; and Companions, Martyrs; Saint Cajetan, Priest**  
Na 2:1, 3; 3:1-3, 6-7; Dt 32:35cd-36ab, 39abcd, 41;  
Mt 16:24-28
- Saturday** **Memorial of Saint Dominic, Priest**  
Hb 1:12-2:4; Ps 9:8-9, 10-11, 12-13; Mt 17:14-20
- Sunday** **Nineteenth Sunday in Ordinary Time**  
1 Kgs 19:9a, 11-13a; Ps 85:9, 10, 11-12, 13-14;  
Rm 9:1-5; Mt 14:22-33

## Keep Them in Your Prayers

### For those who are sick in our midst:

Walter Quinn, William Thomas, Carol Naill, Marlise Yetter, Paz Speer, Jake Williams, Mary Pace, Jodi Borisinco, David Lounsbury, Caio Rabello, Judy Bosco, Carlos Porras, Patricio Martinez, Seamus Hasson, Audrey Gawda, Alzira Medeiros, Susan Donahue, Joseph Elegido, Marjorie Meyers, William James Hall, Warren Duerbeck, Ava Gloria Laranjeira Wescher, Larry Mead, Brick Quinn, Theresa Van Der Vlugt, Artemia Ayvar, Wade Hoherz, Audrey Thompson, Cynthia Romeo, Robert Dolbeare, Olivia Glendale Green, Angela Vindel, Jacqueline Blandino, George Ruppert, Gena Galvin, Nick DeCarlo, Residents of Cherrydale Health and Rehabilitation

### The repose of the souls who have recently passed:

Susan Flynn

## Adoration Schedule

Monday, Tuesday, Thursday: 10am to 9pm;  
Wednesday in the Church 9:30am to 8:30pm; Friday 10am through Sunday 9pm.



Please commit for a weekly hour! Please contact Vincent Buono at [adoration@saintagnes.org](mailto:adoration@saintagnes.org).

# Saint Agnes Essentials

## Sunday Mass

Saturday: 5:00 p.m. (Vigil)

Sunday: 7:30 a.m., 9:00 a.m., 11:00 a.m., 5:00 p.m.

## Weekday Mass

Monday – Friday: 6:30 a.m., 9:00 a.m.

Saturday: 7:30 a.m., 9:00 a.m.

Holy Day – Additional Masses at Noon  
and 7:00 p.m.



## Sacramental Emergency:

Please call (703) 525-1166 Ext 1.

## Infant/Child Baptism:

Baptisms are celebrated on Sundays after the 11:00 a.m. Mass. Please contact [officeadmin@saintagnes.org](mailto:officeadmin@saintagnes.org) to learn more about having your child baptized.

## Marriage Preparation:

Call the Parish Office for Pre-Cana at least seven (7) months prior to your wedding.

## Anointing of the Sick:

Call the Parish Office to request Anointing of the Sick. Anyone with a serious illness should request this sacrament before being admitted to the hospital.

## Homebound Visitation:

Call the Parish Office to request visitation.

## How to become Catholic:

Interested in joining the Catholic Church or want to learn more? Contact [ocia@saintagnes.org](mailto:ocia@saintagnes.org).

## Holy Orders and Consecrated Life:

Is the Lord calling you? For information about priesthood, the permanent diaconate, or the consecrated life, contact one of the priests or the Diocesan Vocations Office at (703) 841-2514.

## Registration/Change of Address:

Forms can be found in the parish office or you can register online on our website. Let the parish office know about any address changes.

## Sacramental Records or Sponsor Forms:

Please contact [officeadmin@saintagnes.org](mailto:officeadmin@saintagnes.org) to request copies of your Sacramental records or for Godparent or Confirmation sponsor forms. Please allow five (5) business days to accommodate your requests.

## Mass Intentions:

Please visit the Parish Office to request Mass intentions. We are currently scheduling into the month of October 2026.

## Sacrament of Penance

Wednesday during Holy Hour 7:30 p.m. – 8:15 p.m.

Saturday 8:00 a.m. – 9:00 a.m., 3:00 – 4:00 p.m.  
and by appointment

## Parish Clergy

**Pastor** • Rev. Msgr. William Saunders

**Parochial Vicar** • Rev. Michael Folmar

**Parochial Vicar** • Rev. Richard Malebranche

**In residence** • Rev. Steven Oetjen

## Parish Office

1914 N. Randolph Street

Arlington, VA 22207-3046

Phone: (703) 525-1166 • Fax: (703) 243-2840

[www.saintagnes.org](http://www.saintagnes.org)

Office Hours • Monday - Friday • 9:30 a.m. – 4:00 p.m.

**Business Manager** • Vitoria Vargas

[business@saintagnes.org](mailto:business@saintagnes.org)

**Office Manager** • Armelle Talleg

[parishoffice@saintagnes.org](mailto:parishoffice@saintagnes.org)

**Administrative Assistant** • Marijo Galvin

[officeadmin@saintagnes.org](mailto:officeadmin@saintagnes.org)

**Operations and Facilities Manager** • Brian Sherry

[facilities@saintagnes.org](mailto:facilities@saintagnes.org)

**Maintenance Technician** • John Dolata

[maintenance@saintagnes.org](mailto:maintenance@saintagnes.org)

**Director of Faith Formation** • Ian Radel

[dff@saintagnes.org](mailto:dff@saintagnes.org)

**Director of Music** • Don Cotton

[musicdirector@saintagnes.org](mailto:musicdirector@saintagnes.org)

**Coordinator of Parish Life & Communications** • Katie Hofer

[communications@saintagnes.org](mailto:communications@saintagnes.org)

**Coordinator of the Protection of Children** • Jennifer Carpenter

[protect@saintagnes.org](mailto:protect@saintagnes.org)

**Youth and Young Adults** • Rev. Richard Malebranche

[youth.ministry@saintagnes.org](mailto:youth.ministry@saintagnes.org)

**OCIA** • Rev. Msgr. William Saunders

[ocia@saintagnes.org](mailto:ocia@saintagnes.org)

**Adoration Chapel Volunteer** • Vincent Buono

[adoration@saintagnes.org](mailto:adoration@saintagnes.org)

## Saint Agnes School

2024 N. Randolph Street • Arlington, VA 22207-3031

Phone: 703-527-5423 • Fax 703-525-4689

<https://school.saintagnes.org/>

**Principal** • Jennifer Kuzdzal [jkuzdzal@saintagnes.org](mailto:jkuzdzal@saintagnes.org)

**Assistant Principal** • Ann Reid [areid@saintagnes.org](mailto:areid@saintagnes.org)



## Wednesday Holy Hour in August

During August, please join us for our Wednesday 7:30 pm Parish Holy Hour in honor of St. Joseph.

## Msgr. Saunders' Bible Study

Monsignor Saunders' Bible Study is on summer break and will restart in September.

[adultformation@saintagnes.org](mailto:adultformation@saintagnes.org)



## Servers & Singers Needed

Men and boys interested in serving at the altar for the First Friday Masses in Latin, and men and women interested in chanting in the schola, please contact Father Oetjen at [froetjen@saintagnes.org](mailto:froetjen@saintagnes.org).

## Respect Life Ministry Needs Volunteers

Please offer your helping hands and email [saintagnesrespectlife@gmail.com](mailto:saintagnesrespectlife@gmail.com).

Join us for our next  
First Friday Sung Mass in Latin (Ordinary Form)

**August 7th at 7:00 p.m.**

*Votive Mass of the Most Sacred Heart of Jesus*



Our Schola Cantorum Sanctae Agnetis and organist will provide music for the Mass.

## Ministries & Groups at Saint Agnes

### Adult Faith Formation

- Bible Study—[adultformation@saintagnes.org](mailto:adultformation@saintagnes.org)
- OCIA—[ocia@saintagnes.org](mailto:ocia@saintagnes.org)
- Spanish Bible Study—[gvegge@aol.com](mailto:gvegge@aol.com)
- Women's Bible Study—[stagneswbp@gmail.com](mailto:stagneswbp@gmail.com)
- Young Adults' Bible Study—[adultformation@saintagnes.org](mailto:adultformation@saintagnes.org)

### Parish Service

- Arts & Crafts Guild—[gveggejr@gmail.com](mailto:gveggejr@gmail.com)
- Bethany Ministry—[bethanyministry@saintagnes.org](mailto:bethanyministry@saintagnes.org)
- Cherrydale Rehab Prayer Group—[biehlerj@aol.com](mailto:biehlerj@aol.com)
- Christ House Team—[ssvenson@gmail.com](mailto:ssvenson@gmail.com)
- Gabriel Project—[gabrielproject@saintagnes.org](mailto:gabrielproject@saintagnes.org)
- Gardening Angels—[jshirhall@gmail.com](mailto:jshirhall@gmail.com)
- Homebound Parishioners Visits—[homebound@saintagnes.org](mailto:homebound@saintagnes.org)
- Legion of Mary—[LegionofMarySaintAgnes@gmail.com](mailto:LegionofMarySaintAgnes@gmail.com)
- Respect Life—[saintagnesrespectlife@gmail.com](mailto:saintagnesrespectlife@gmail.com)
- Saint Agnes Knights of Columbus Council—[kofc.st.agnes.council.18572@gmail.com](mailto:kofc.st.agnes.council.18572@gmail.com)
- Saint Agnes Seniors Group—[tpharlow18@gmail.com](mailto:tpharlow18@gmail.com)
- St. Joseph's League—[StJosephLeague.StAgnes@gmail.com](mailto:StJosephLeague.StAgnes@gmail.com)
- St. Raphael Prayer Group—[moshimoshigcs@gmail.com](mailto:moshimoshigcs@gmail.com)
- The Borgo Gift Store—[theborgo@saintagnes.org](mailto:theborgo@saintagnes.org)
- Young Adults—[youngadults@saintagnes.org](mailto:youngadults@saintagnes.org)

### Liturgy

- Extraordinary Ministers of Holy Communion—[dkcwhelan@gmail.com](mailto:dkcwhelan@gmail.com)
- Flower Guild—[dfowen@aol.com](mailto:dfowen@aol.com)
- Lectors—[lectors@saintagnes.org](mailto:lectors@saintagnes.org)
- Parish Choir—[musicdirector@saintagnes.org](mailto:musicdirector@saintagnes.org)
- Sacristans—[ruthefoster@earthlink.net](mailto:ruthefoster@earthlink.net)
- Ushers—[jholl2473@aol.com](mailto:jholl2473@aol.com)

### Youth Activities

- Challenge Club—[kefoley2@pefoley.com](mailto:kefoley2@pefoley.com)
- Conquest Club—[kefoley2@pefoley.com](mailto:kefoley2@pefoley.com)
- Cub Scouts / Boy Scouts—[sconroy68@gmail.com](mailto:sconroy68@gmail.com)
- CYO Sports—[treebdonohue@yahoo.com](mailto:treebdonohue@yahoo.com)
- Girl Scouts—[pamelasnichols@gmail.com](mailto:pamelasnichols@gmail.com)
- Youth Group—[youth.ministry@saintagnes.org](mailto:youth.ministry@saintagnes.org)

### Join us on Facebook!

Like us on Facebook

<https://www.facebook.com/stagneschurcharlington>.

### Join us on Instagram!

You can find our page by searching @saint\_agnes\_va on the Instagram app.

### Free FORMED Subscription

Check out [FORMED.org](https://www.formed.org)! A subscription includes videos, Bible Studies, books, etc.! Sign up by selecting St. Agnes Church using our zip code (22207).





GRADUATING SENIORS THROUGH RISING FRESHMEN

|                |                           |
|----------------|---------------------------|
| <b>JUNE 30</b> | SUMMER YG                 |
| <b>JULY 7</b>  | YG @ Nationals (\$)       |
| <b>JULY 14</b> | SUMMER YG                 |
| <b>JULY 21</b> | SUMMER YG                 |
| <b>JULY 29</b> | Kings Dominion Day (\$\$) |
| <b>AUG. 4</b>  | End of Summer Cookout     |

**SUMMER YG: 7 PM UNTIL SUNSET**

SPECIFIC EVENT DETAILS WILL BE COMMUNICATED BY FLOCKNOTE.  
PERMISSION SLIP REQUIRED TO PARTICIPATE.

@stagnesyouth

tinyurl.com/STAGYG-Home



sign up for  
updates on  
our website

## Christ House Desserts

Hand held desserts, bars/brownies/cookies, etc., are needed for our Christ House meals, First Tuesday of the month, May-September. For details and to sign up visit [https://www.signupgenius.com/go/60B044FACAC28A20-63773311-christ#](https://www.signupgenius.com/go/60B044FACAC28A20-63773311-christ#/).

*Your sweet treats are so appreciated by our guests and also by the Saint Agnes Christ House team.*

## 'Gardening Angels' Needed

Join fellow parishioners in helping to maintain the churchyard gardens. No special training needed, just a willingness to join and learn as you work. Timing can be arranged. If you have any questions, please call Jean Shirhall at 703-528-2617.

## Titles of Mary

### Our Lady of the Snows | August 5th

The feast day of Our Lady of the Snows is also the day of the dedication of the Basilica of Saint Mary Major in Rome, which was first built to honor Mary after a miraculous August snowfall on that spot. The famous icon of the Virgin Mary that can be seen there—Salus Populi Romani (the salvation of the Roman people)—is said to have been painted by Saint Luke. It is perhaps the best loved and most honored Marian icon in Rome.

*"You give them something to eat." (Matthew 14:16)*

Jesus calls us to respond to the needs of His people. How is He inviting you to serve and nourish those around you?

Talk to your priest or reach out to the Vocation Office at (703) 841-2514 or via email: [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org).

## Private Mass Intentions

We are accepting Unannounced Intentions which are not said at a public Mass. These intentions will be offered privately and published as a list in the bulletin periodically as "Fulfilled Unannounced Masses."

## Christ House Ministry in Urgent need of Volunteer Meal Organizers

St. Agnes crew serves a hot meal at Christ House in Alexandria, on the first Tuesday of every month. Volunteers choose which months they are available. We prepare the dinner for Take Out. Hours are 3 p.m. to 5:45 p.m. The Role of Organizer (aka The Chef) creates a simple meal plan, shops & cooks. The Role of Assistant is to help as directed by The Chef, organize and bag all the "To Go" items. Come, have a training session, see us in action before you commit.

We need help year round in performing this corporal work of mercy, feeding the hungry.

Interested? Please Contact: Sally Yenson at [ssyenson@gmail.com](mailto:ssyenson@gmail.com) or 703 527 2794.



## THE BORGO BOOK CLUB

SUMMER READ:

**The Dry Wood**

by Caryll Houselander

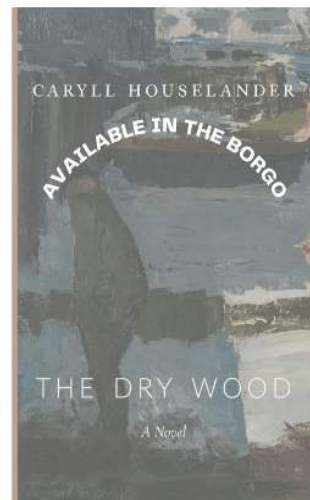
Discussion  
Moderated  
by Fr. Oetjen

**SUN SEP 27**

**3:30 PM**

**PARISH HALL**

Questions:  
[TheBorgo@saintagnes.org](mailto:TheBorgo@saintagnes.org)





open FRIDAYS

after the 6:30 am Mass

serving coffee, espresso drinks and light treats

Want to have the Café open for your meeting?

Email: [bethanyministry@saintagnes.org](mailto:bethanyministry@saintagnes.org)

## Pregnant? Need Help? Contact Project Gabriel at Saint Agnes



The Gabriel Project is a parish-based pregnancy assistance program, supported by the Arlington Diocese Office for Family Life. Gabriel Project assists expectant mothers with love, care, and spiritual, emotional, and material

support. Be an "angel" and accompany an expectant mom through her pregnancy and beyond.

Please contact [gabrielproject@saintagnes.org](mailto:gabrielproject@saintagnes.org).

## What does it mean to be an "active Catholic"?

An active Catholic is a person who cherishes the faith received at Holy Baptism, nourished through the Holy Eucharist, healed through the Sacrament of Penance, and strengthened through the Sacrament of Confirmation. An active Catholic embraces the teachings of the Catholic Church contained in the Word of God and in Sacred Tradition, and strives to live them.

An active Catholic is registered in the parish, supports the mission of the Church with time, talent, and treasure, whether by worshipping at Holy Mass each Sunday and Holy Days of Obligation (except for illness or emergency), volunteering to serve the parish community in various ways, and supporting the parish financially, using Faith Direct or offertory envelopes. Active Catholic spouses and parents seek to help their loved ones know Jesus through prayer, Holy Mass, regular Penance, religious education, and charitable works.

Why is this important? Anyone who seeks to be a godparent or sponsor for the Sacraments of Baptism or Confirmation, or enter the Sacrament of Holy Matrimony, or receive a Catholic Tuition Rate at School must first be verified as an active Catholic and parishioner.



## THE BORGO Speaker Series

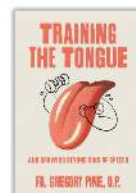
presents

## Fr. Gregory Pine, O.P.

Assistant Director, Thomistic Institute  
Assistant Professor, Dominican House of Studies  
Co-Host, Godsplaining podcast

**August 30 • 6 PM**

Fr. Gregory will present on his new book *Training the Tongue and Growing Beyond Sins of Speech*. Inspired by James 3, Fr. Gregory will explain how our speech is powerful and how to cultivate virtue to use our speech for good.



To RSVP by August 25, visit

[the-borgo.square.site](http://the-borgo.square.site)

You may also preorder a copy of the book and pre-purchase tickets for dinner online.



CATHOLIC  
FOUNDATION  
ARLINGTON

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In the check memo, write *Seminarian Ed*



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Please complete and cut out this form, enclose with check, place both in an envelope, affix first-class postage, and mail it to: Catholic Foundation of Arlington, 200 N. Glebe Road, Suite 811, Arlington, VA 22203

Seminarian Education Endowment | [catholicarlington.org/seminarian](http://catholicarlington.org/seminarian) | 703-778-8600



## TREASURES FROM OUR TRADITION

Over the last several weeks, the history of confirmation has been set out as a rite following baptism and preceding First Communion. Eucharist was a sacrament of spiritual maturity, attuned to the legal age of majority, which was considered to be fourteen years or so. Medieval bishops were often generous, if not especially pious, in seeing to it that children were confirmed before adulthood.

A pattern more familiar to us surfaced in the Diocese of Toulon in France in 1748, where it was decreed that “children are to be confirmed only after receiving First Communion.” This was an amazing shift in practice that undermined centuries of theology and tradition by which confirmation was seen as a bridge between font and table.

The innovation swept through France and across Europe, despite constant complaints from Rome. French-trained bishops like Cheverus of Boston and Carroll of Baltimore, founders of the American church, established the practice here. The order of the sacraments was thus disrupted in France and in the United States, and remained an eccentric exception to the rule until big developments in 1910.

—Rev. James Field

## MaRiH Center

The MaRiH Center is a crisis-pregnancy in Alexandria that has been serving, loving, and walking with mothers in need for over 50 years. We are seeking volunteers who want to partner in our mission to provide confidential life-saving help to moms and their babies. If you feel called to volunteer, please call 703-370-4774 or visit our website at [marih.org](http://marih.org).

## *The Diocese has purchased memberships to Franciscan at Home for every parish in the diocese!*

1. Visit <https://franciscanathome.com/free-institution-signup> by clicking on the link, copying and pasting, or typing it into your web browser.
2. Enter your information into the required fields and select the green “Create new account” button at the bottom of the page (all fields with an \* are required).
3. Next, select Arlington Diocese and Saint Agnes from the available drop-down list.
4. Click select the “Sign up.” This will take you to your dashboard, where you can begin exploring all that FranciscanAtHome.com has to offer.
5. We recommend: a. That you locate the track(s) the Arlington Diocese has created for you (located as institutional tracks on the left side of the “Start Learning” section on your dashboard), if any. b. Explore the other workshops that are available to you.



## Finding Jesus with St. Francis – Men’s Silent Retreat

During this Jubilee Year of St. Francis, the whole Church remembers and prays for the grace to imitate a man totally transfixed by the Gospel of Jesus Christ. Guided by the life and heroic example of St. Francis, the Poor Man of Assisi, we will seek the Peace and Joy that he found. Join Fr. Nicholas Blank at the Arlington Diocese’s San Damiano Retreat Center in White Post, Virginia for this unique retreat. This retreat begins at 6:00 p.m. Friday, September 25th and concludes Sunday, September 27th at noon. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org) or visit our website at [www.arlingtondiocese.org/retreat](http://www.arlingtondiocese.org/retreat).

**ST. AGNES PARISH SENIORS!**

The St. Agnes Seniors Group will take a break in August. The church trivia game we had planned will be rescheduled for after the new year.

*Our next meeting will be in September. Happy summer, everyone!*

Questions? Contact Trudy Harlow at [tpharlow18@gmail.com](mailto:tpharlow18@gmail.com) or 703-677-6554.

### Stay Connected Through Giving This Summer

Summer often brings travel, family time, and changing routines, but the mission of our parish continues every day. As schedules shift, it is a meaningful time to stay connected through faithful stewardship and continued support of the ministries and services that strengthen our community.

eGiving is a simple, secure way to give online, making it easy to support our parish all year long. Please consider eGiving to help sustain ministries, programs, and services that serve our parish community and those in need throughout the summer season.

It's easy to get started. Here are the ways to sign up:

- Visit our parish website
- Scan the QR code
- Text “Give” to 571-497-4771

Thank you and may God bless your generosity.

If you need assistance, you can contact Donor Support at 866-930-4774 or email [donorsupport@parishsoft.com](mailto:donorsupport@parishsoft.com).





To protect human life & the truth about marriage

# CATHOLICS VOTE NO

on the

"Virginia Right to Reproductive Freedom Amendment" and  
"Virginia Remove Constitutional Same-Sex Marriage Ban Amendment"

Pledge to Vote: [CatholicsVoteNo.com](http://CatholicsVoteNo.com)

 CATHOLIC DIOCESE OF ARLINGTON

Early Voting begins September 18  
Election Day November 3



Help gather fresh produce for those in need through farm gleaning. One day of service can help feed hundreds of our neighbors. Commissioned by Christ will join Catholic Charities St. Lucy Project to glean crops at Parker Farms in the Northern Neck of Virginia (Westmoreland County). These crops have been donated by farmers and will be transported back to the St. Lucy Project warehouse and distributed to local, hungry residents within 48 hours of picking the produce. [www.cbc-missions.org/local-missions](http://www.cbc-missions.org/local-missions)

JULY 25  
AUGUST 22  
SEPTEMBER 12  
OCTOBER 17  
NOVEMBER 7

# farm gleaning



Here is St. Agnes with the Morrissey brothers—Daniel, Brendan, and Sean—on vacation at Saint Hubert church in Langley on Whidbey Island, Washington!



WE LOVE HAVING YOU AS

# a part of our Flock!



Keep in touch with us via email and text!

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Text STOP to 84576 to stop txt notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. View full privacy policy & terms at [flocknote.com/txt](http://flocknote.com/txt).







Where is St. Agnes?



## TRAVELING THIS SUMMER?

Cut out St. Agnes.

Go to Sunday Mass ([masstimes.org](http://masstimes.org)).

Take a photo in Church with St. Agnes.

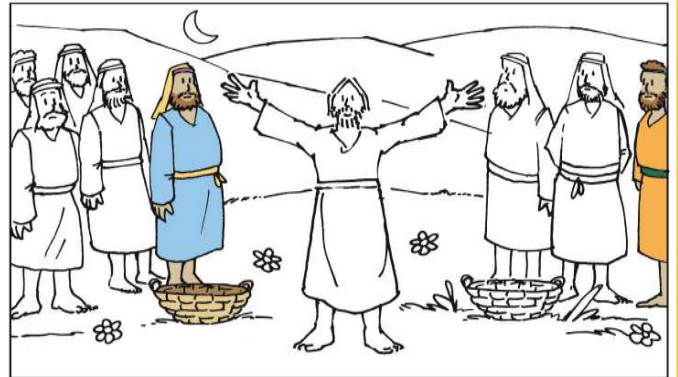
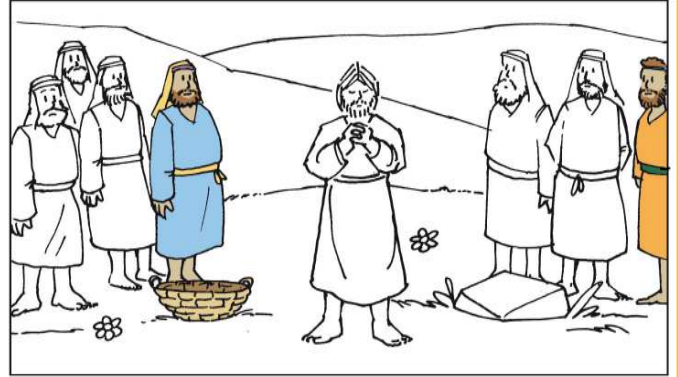
Send your pic to [parishoffice@saintagnes.org](mailto:parishoffice@saintagnes.org)

If your picture is featured in our bulletin,  
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gift card at the Parish Office!

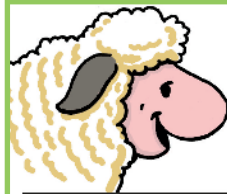
AGE 3+ August 2, 2026 • Matthew 14:13-21

Jesus said, "Bring them here to Me."  
Then He thanked God and  
shared the food with the people.

Circle 8 differences in the 2nd picture.



AGE 7+ August 2, 2026 • Isaiah 55:1-3



What was God's promise?

Cross out the letters that appear three or more times in each row.  
Write the remaining letters in order on the lines below.  
Hint: Not every row will have a letter remaining.

"I will make an everlasting covenant with you,  
My faithful love promised to ..." — whom?

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| G | D | C | E | G | E | C | G | C | E |
| A | R | R | A | B | A | R | B | R | B |
| T | V | A | V | R | T | V | R | T | R |
| S | G | M | S | V | G | M | M | S | G |
| P | W | P | B | W | B | P | I | B | W |
| E | J | L | E | J | L | J | E | L | J |
| C | S | A | C | A | S | C | A | S | D |



## Saint Agnes Religious Education

**Religious Education Registration for 2026-2027 will begin in August. Please go to the website for more information.**



*“Christ made my soul beautiful with the jewels of grace and virtue. I belong to Him Whom the angels serve.”*



THE HAND OF THE  
LORD FEEDS US;  
HE ANSWERS ALL  
OUR NEEDS.

### SAINT OF THE WEEK | August 4th | Saint John Mary Vianney | (1786-1859)

A busy pastor jokingly suggests the secret of John Vianney's holiness: *“He died seventeen years before telephones!”* Call they didn't, but visit they did, keeping Vianney eighteen hours a day in the confessional. Stories abound of reading hearts and exorcisms, but Vianney's first miracle was getting ordained. Difficulty with studies delayed him, prompting the rector's apology to the bishop, *“So far to ordain just one, especially this one!”* The bishop, who could not know he was ordaining the future patron saint of parish priests, replied, *“No burden to ordain one good priest!”* In Ars, only an elderly handful attended Mass, *“praying,”* one told Vianney, *“for a priest with brains.”* But he stayed forty-two years, fulfilling the promise he made the day he arrived. In a sculpture just outside the village Vianney points skyward: *“Show me the way to Ars,”* he tells a boy, *“and I'll show you the way to heaven.”* To someone who feared there was no heaven beyond the grave, Vianney smiled, *“My child, it would have been heaven enough to have lived as Jesus' disciple on earth.”*

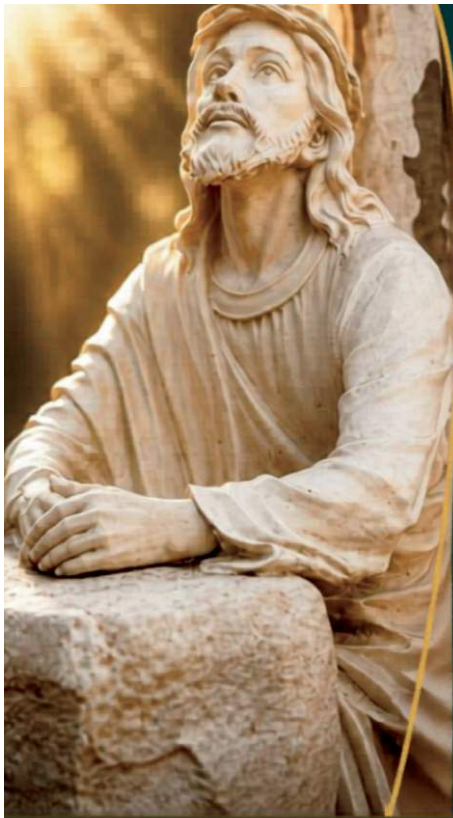
—Peter Scagnelli

### Finding Jesus with St. Frassati – Young Adult Retreat

Come Climb with us! Join us at the Arlington Diocese's San Damiano Retreat Center for a weekend of spiritual adventure! Together we will scale the peaks and navigate the chasms of the spiritual life as we ascend “the Heights” to Christ with Saint Pier Giorgio Frassati.

Fr. John Paul Heisler will guide us to the summit, and for more adventurous souls — come along on a hike to the summit of a Blue Ridge Peak! Join Fr. John Paul Heisler at the Arlington Diocese's San Damiano Retreat Center in White Post, Virginia for this retreat for young adults (ages 21-35). This retreat begins at 6 p.m. Friday October 23rd and concludes Sunday October 25th at noon.

Retreat cost is \$299, and financial assistance may be available. For further information, contact Deacon Mark Maines at: [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org) or visit our website at [www.arlingtondiocese.org/retreat](http://www.arlingtondiocese.org/retreat)



### Annual Catholic Mental Health Day of Prayer

—+—

## “Grounded in Jesus Truth: Lifestyles for Mental Health”

## Nurturing Mind, Body and Spirit

—+—

With Holy Mass celebrated by  
**BISHOP MICHAEL F. BURBIDGE**

|                       |               |
|-----------------------|---------------|
| KEYNOTE SPEAKERS      | REGISTRATION: |
| DEACON BRAD WATKINS : | \$25          |
| FR. LINO              |               |

 Confession; lunch; small group sharing



8:30-2:15  
August 22, 2026



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We believe in the mission to educate our students so that they become loving Christians, inspired learners, outstanding achievers, natural communicators, and strong servants of God.

## Saint Agnes Catholic School

*"Whenever you begin any good work you should first of all make a most pressing appeal to Christ our Lord to bring it to perfection."~ St Francis Xavier*

**Congratulations to our St. Agnes students who received academic honors for the third trimester.**

### *High Honors (all grades 93 or above, good conduct)*

- ❖ 8th Grade: Lucy E, Andrew F, Gunnar G, Julianna H, Lola J, Ella K, Will N;
- ❖ 7th Grade: Elise B, Colette B, Amalia C, David D, Evie F, Ellie G, Vickie G, Elle M, Nathan P, Madeleine P, Lark P, James S, Andrew T;
- ❖ 6th Grade: Anna B, Teddy C, Max C, Bridget D, Bobby J, Kate K, Georgina M, Anna N, Julian S, Anna R, Cecilia W;
- ❖ 5th Grade: Jacob A, Nora D, Alex F, Grayson G, Delk H, Everett H, Will H, Augie H, Nora J, Julia J, Chase K, Luke K, Anders M, Grace M, Claire M, Amelia M, Brooke N, Liam N, Bennett P, Eva P, Sedona S, Annie S, Brooke W, Charlie W.

### *Honors (all grades 89 or above, good conduct)*

- ❖ 8th Grade: Raphael B, Emma B, Emersyn C, Peter C, Nora C, Grayson H, Grace H, Betta I, Shelby M, Siena R, Joanne RC, Julianna S, Poppy SA;
- ❖ 7th Grade: Lorelei A, Hannah D, Graeme G, Renee G, Connor K, Matthew K, Eva LZ, Emily M, London P, Cate S, Christian T, Keziah T, Anna W;
- ❖ 6th Grade: Berkeley B, Juliette C, Will C, Damien F, Marshall G, Sarah H, Joey J, Hope K, Barrett L, Karlen M, Hadley N, Emma P, Jackson P, Nathalia RC;
- ❖ 5th Grade: Max B, Collin B, Ava D, Norah F, Connor F, Colton J, Charlie K, Will M, Conor O, Declan S, Sawyer T.

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