

NAME: _____

GRADE: _____

Sunday Mass Journal

Epiphany of The Lord
Matthew 2:1-12

Sunday, 4 January 2026

● CHURCH & MASS TIME:

● PRIEST & COLOR OF VESTMENTS:

● I OFFERED THIS MASS FOR:.....

Gospel Reflection

The magi followed the Star of Bethlehem that led them to Jesus, the newborn king of the Jews. Who is the "star" that you follow who leads you to Jesus? How can you be a "star" for others and lead them to Jesus?

.....
.....
.....

I am thankful for...

-
-
-
-

I will pray for...

-
-
-
-

My Spiritual Goal for the Week



NAME: _____

GRADE: _____

Sunday Mass Journal

The Baptism of the Lord
Matthew 3:13-17

Sunday, 11 January 2026

● CHURCH & MASS TIME:

● PRIEST & COLOR OF VESTMENTS:

● I OFFERED THIS MASS FOR:.....

Gospel Reflection

Jesus, though He was sinless, wanted to be baptized anyway. He said it was fitting to fulfill all righteousness. What does his example show us? What are some things that you may be tempted to forego because you think you're too good for it?

.....
.....
.....

I am thankful for...

I will pray for...

-
-
-
-

-
-
-
-

My Spiritual Goal for the Week



NAME: _____

GRADE: _____

Sunday Mass Journal

2nd Sunday of Ordinary Time
John 1:29-34

Sunday, 18 January 2026

● CHURCH & MASS TIME:

● PRIEST & COLOR OF VESTMENTS:

● I OFFERED THIS MASS FOR:

Gospel Reflection

John the Baptist testified that Jesus was truly the Messiah so that others may also believe. What makes you believe in Jesus? What life events can you talk about to others so they, too, may believe in Jesus?

.....
.....
.....

I am thankful for...

-
-
-
-

I will pray for...

-
-
-
-

My Spiritual Goal for the Week



NAME: _____

GRADE: _____

Sunday Mass Journal

3rd Sunday of Ordinary Time
Matthew 4:12-23

Sunday, 25 January 2026

● CHURCH & MASS TIME:

● PRIEST & COLOR OF VESTMENTS:

● I OFFERED THIS MASS FOR:

Gospel Reflection

This week, Jesus begins his public ministry and his first message is "Repent, for the kingdom of heaven is at hand." What is something that you could give up to prepare for Heaven?

.....
.....
.....

I am thankful for...

-
-
-
-

I will pray for...

-
-
-
-

My Spiritual Goal for the Week

