

NAME: _____

GRADE: _____

Sunday Mass Journal

Second Sunday of Lent
Matthew 5:1-12a

Sunday, 1 March 2026

● CHURCH & MASS TIME:

● PRIEST & COLOR OF VESTMENTS:

● I OFFERED THIS MASS FOR:.....

Gospel Reflection

The Transfiguration gave the disciples a glimpse of the true identity of Christ. How did the disciples react? The Eucharist is truly Jesus in the guise of bread and wine. How should we approach the Eucharist if we truly believed this?

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I am thankful for...

I will pray for...

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My Spiritual Goal for the Week



NAME: _____

GRADE: _____

Sunday Mass Journal

Third Sunday of Lent
John 4:5-42

Sunday, 8 March 2026

● CHURCH & MASS TIME:

● PRIEST & COLOR OF VESTMENTS:

● I OFFERED THIS MASS FOR:.....

Gospel Reflection

Many people began to believe in Jesus because of the Samaritan woman who met him by the well. Every time we go to Mass, we meet Jesus Himself. Who in your life might come to know Jesus more because you spent time with Him today?

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I am thankful for...

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I will pray for...

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My Spiritual Goal for the Week



NAME: _____

GRADE: _____

Sunday Mass Journal

4th Sunday of Lent
John 9:1-42

Sunday, 15 March 2026

● CHURCH & MASS TIME:

● PRIEST & COLOR OF VESTMENTS:

● I OFFERED THIS MASS FOR:

Gospel Reflection

When the blind man is healed he expresses faith in Jesus and begins to worship him. What is your reaction when you notice God's action in your life? What can we learn from the example of the blind man?

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I am thankful for...

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I will pray for...

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My Spiritual Goal for the Week



NAME: _____

GRADE: _____

Sunday Mass Journal

Fifth Sunday of Lent
John 11:1-45 or John 11:3-7,
17, 20-27, 33b-45

Sunday, 22 March 2026

● CHURCH & MASS TIME:

● PRIEST & COLOR OF VESTMENTS:

● I OFFERED THIS MASS FOR:

Gospel Reflection

Jesus loved Lazarus, Martha and Mary. Yet He did not immediately go to see Lazarus after hearing news of his death. Do you sometimes wonder why God doesn't answer your prayers right away? What can this Gospel teach you?

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I am thankful for...

I will pray for...

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My Spiritual Goal for the Week



NAME: _____

GRADE: _____

Sunday Mass Journal

Palm Sunday of the Passion of the Lord
Matthew 26:14—27:66 or Matthew
27:11-54

Sunday, 29 March 2026

● CHURCH & MASS TIME:

● PRIEST & COLOR OF VESTMENTS:

● I OFFERED THIS MASS FOR:

Gospel Reflection

Everything in today's Gospel points to Jesus as the Messiah, the Son of God. It also marks the holiest of all weeks: the Passion, Death and Resurrection of Christ. What can you do as a family to make this week a sacred time?

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I am thankful for...

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I will pray for...

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My Spiritual Goal for the Week

