

NAME: \_\_\_\_\_

GRADE: \_\_\_\_\_

# Sunday Mass Journal

8th Sunday of Ordinary Time  
Luke 6:39-45

Sunday, 2 March 2025

● CHURCH & MASS TIME: .....

● PRIEST & COLOR OF VESTMENTS: .....

● I OFFERED THIS MASS FOR:.....

## Gospel Reflection

Jesus speaks clearly that you can tell if someone is good by how they act, how they speak, how they relate to others, and their attitude toward life. What do your words, actions, relationships and attitudes reveal about you?

.....  
.....  
.....

## I am thankful for...

- .....
- .....
- .....
- .....

## I will pray for...

- .....
- .....
- .....
- .....

## My Spiritual Goal for the Week



NAME: \_\_\_\_\_

GRADE: \_\_\_\_\_

# Sunday Mass Journal

1st Sunday of Lent  
Luke 4:1-13

Sunday, 9 March 2025

● CHURCH & MASS TIME: .....

● PRIEST & COLOR OF VESTMENTS: .....

● I OFFERED THIS MASS FOR:.....

## Gospel Reflection

Jesus experienced extreme hunger, thirst, heat, cold, loneliness, isolation and temptation when He went to the desert. Why do you think Jesus wanted to do this? How can knowing that Jesus went through this help you draw closer to Him?

.....  
.....  
.....

## I am thankful for...

- .....
- .....
- .....
- .....

## I will pray for...

- .....
- .....
- .....
- .....

## My Spiritual Goal for the Week



NAME: \_\_\_\_\_

GRADE: \_\_\_\_\_

# Sunday Mass Journal

2nd Sunday of Lent  
Luke 9:28b-36

Sunday, 16 March 2025

● CHURCH & MASS TIME: .....

● PRIEST & COLOR OF VESTMENTS: .....

● I OFFERED THIS MASS FOR: .....

## Gospel Reflection

The Transfiguration gave the disciples a glimpse of Jesus' true nature and glory. What wonders of creation give you a glimpse of God's glory? What wonders of the Church give a hint of God's glory?

.....  
.....  
.....

## I am thankful for...

- .....
- .....
- .....
- .....

## I will pray for...

- .....
- .....
- .....
- .....

## My Spiritual Goal for the Week



NAME: \_\_\_\_\_

GRADE: \_\_\_\_\_

# Sunday Mass Journal

3rd Sunday of Lent  
John 4:5-42

Sunday, 23 March 2025

● CHURCH & MASS TIME: .....

● PRIEST & COLOR OF VESTMENTS: .....

● I OFFERED THIS MASS FOR: .....

## Gospel Reflection

The Samaritan woman was convinced that Jesus was the Messiah and told all her friends and neighbors. Because of her, they went and found out for themselves. How can you bring others to Jesus?

.....  
.....  
.....

## I am thankful for...

- .....
- .....
- .....
- .....

## I will pray for...

- .....
- .....
- .....
- .....

## My Spiritual Goal for the Week



NAME: \_\_\_\_\_

GRADE: \_\_\_\_\_

# Sunday Mass Journal

4th Sunday of Lent  
Luke 15:1-3, 11-32

Sunday, 30 March 2025

● CHURCH & MASS TIME: .....

● PRIEST & COLOR OF VESTMENTS: .....

● I OFFERED THIS MASS FOR: .....

## Gospel Reflection

Imagine yourself to be a character in the Parable of the Prodigal Son. Are you the patient and merciful father? The rebellious and later repentant son? The faithful but angry older son? Who can you relate to? Explain.

.....  
.....  
.....

## I am thankful for...

- .....
- .....
- .....
- .....

## I will pray for...

- .....
- .....
- .....
- .....

## My Spiritual Goal for the Week

