

CONFIRMATION SAINT

Choosing a saint

Each candidate must choose a Confirmation name, whether the Baptismal name is kept or a new name is chosen. In choosing a Confirmation name, the candidate must choose a Saint; those beatified and declared “blessed” are acceptable, e.g. Bl. Pier Giorgio Frassati. By doing so, each candidate has a model for holiness and a patron and intercessor. Candidates may choose a saint of the same or opposite gender (example: a girl choosing a female or male saint’s name).

Each Confirmation Candidate is required to write a Saint Report about the saint whose name he/she has chosen to be their Confirmation name. This Saint name will be the name the Bishop says when anointing you. If the Candidate’s Baptismal name is that of a recognized saint of the Church, the Candidate may select that saint for Confirmation. The report would then reflect your Baptismal saint’s name.

By choosing the name of a particular saint, one is also calling on that saint to be an intercessor on their behalf in heaven. This report is intended to deepen knowledge of and devotion to the Candidate’s chosen saint. Hopefully, by learning about the saint, the student is inspired to imitate the saint in virtue.

Suggested sources for a list of patron saints are <http://www.catholic.org/saints/patron.php> and www.ewtn.com/saintsholy.

Saint Report Requirements & Guidelines

The **3 page (min) typed paper** must include the following:

1. Biographical information about the saint’s life, including:
 - Date and place of birth
 - Important events in the saint’s life and death
 - Description of saint’s service to God and others
 - Feast Day
 - Patron saint of...
 - Symbol of the saint, if available
2. What virtues did this saint practice? Use specific examples that made an impression about the saint’s holiness.
3. Why the saint is a model for Christians today?
4. Why is this saint important to you? Why did you select this saint?
5. If you have chosen your Baptismal saint’s name, include why your parents chose that name for you.

Resources: At least three books (excluding websites) must be cited for information. Recommended sources are:

- The Catholic Encyclopedia (this is available online and counts as a book resource: <http://www.newadvent.org/cathen/>)
- Butler’s Lives of the Saints
- The RE Office library, which contains numerous books on saints and would be a good reference source for your report.
- DO NOT USE Wikipedia as a reference.

Format: Standard English format with proper punctuation and format, including

1. Only use first person (I, me, my, mine) when expressing an opinion. For example, “I chose this saint for Confirmation because...”
2. Never use second person (you, your, yours) in formal writing.
3. Capitalize references to God (for example, God, Lord, He, Him and Trinity) and to holy persons, places, or things (for example, Pope, Mass, Bible and Catholic Church).
4. Include a bibliography (“Works Cited”) and title page. These will add 2 more pages to the minimum 3 page requirement.

DUE DATE: December 2, 2025